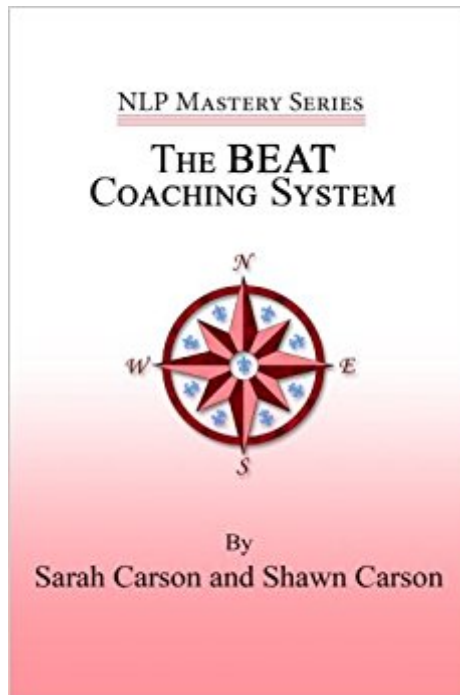




**Ebook Directory**  
the best source of ebook

The book was found

# The BEAT Coaching System (NLP Mastery)



## Synopsis

Within this book we present a complete system of change, a complete system of coaching, and a complete system of self-mastery. The BEAT Coaching System is far more than just another NLP pattern. It is a system that gives you complete control over all the elements of your state and all the elements of your experience in the "now" in any context. Once you understand and master the BEAT System, you will be in total control of yourself. The NLP BEAT Coaching System also has a very specific purpose to allow you to step into a peak performance state whenever you wish. It is a powerful tool kit to enable you to create rich experiences for yourself and your clients in 4 simple yet elegant steps! This method can be used for problem solving, self-improvement, personal exploration, and transformation and is applicable in a wide range of contexts including sports, meditation, personal coaching, business, hypnosis and in social situations.

## Book Information

Series: NLP Mastery

Paperback: 194 pages

Publisher: Changing Mind (April 8, 2015)

Language: English

ISBN-10: 1940254140

ISBN-13: 978-1940254142

Product Dimensions: 6 x 0.4 x 9 inches

Shipping Weight: 12.5 ounces (View shipping rates and policies)

Average Customer Review: 4.1 out of 5 stars 6 customer reviews

Best Sellers Rank: #668,644 in Books (See Top 100 in Books) #158 in Books > Self-Help > Neuro-Linguistic Programming

## Customer Reviews

Sarah Carson was born and raised in Michigan but now lives in Chicago where she works at a church. Her poetry and short stories have appeared in Cream City Review, Columbia Poetry Review, Diagram, Guernica, and the Nashville Review, among others. She is also the author of three chapbooks and the full-length collection: Poems in which You Die.

Sarah and Shawn Carson have done it again. Another wonderful and powerful addition to their NLP Mastery Series. The Beat Coaching System, is a system "that allows you to step into peak

performance state when ever you wish" Come learn about this powerful tool kit that will enable you to create a rich experience for you and your client. An outstanding book for growth and pure enjoyment

Loving this book. Using it with my clients and seeing results. Great value

Great book even for those who have NLP experience

I have read a few more of this author's book and they never disappoint! I have been doing change work for seven years and he never fails to increase my effectiveness!

Sarah and Shawn Carson are the real deal. In a field that is fraught with less than creditable people, these two are smart, creative teachers/authors who are superb in breaking information down and presenting it to the conscious and unconscious mind. This coaching system is versatile and powerful and can be used on clients as well as yourself. I have learned to use this pattern on myself so that I can quickly change a negative state into a positive state so that I am able to be the best version of myself. I highly recommend this book to any coach who wants to learn a new technique to use with clients or become better versed in this coaching system if you already know it, as well as to the individual who wants to learn a strategy to help them to make positive changes in their life. This is a great, well-written book. Enjoy and thrive!

Title and book no longer available

[Download to continue reading...](#)

NLP: The Unlimited Power of NLP: The Art of Mental Training, Influence and Goal Achievement (NLP techniques, NLP confidence, NLP leadership) (Neuro-Linguistic Programming) The BEAT Coaching System (NLP Mastery) The Visual Squash: An NLP Tool for Radical Change (NLP Mastery Book 2) iCubed: The All Blacks' Winning Rugby Coaching System (iCubed: The Winning Rugby Coaching System Book 5) Hypnotherapy: How To Harness The Power Of Your Sub Conscious Mind (Hypnosis - NLP - How to Hypnotize - NLP Techniques) NLP: Maximize Your Potential- Hypnosis, Mind Control, Human Behavior and Influencing People (NLP, Mind Control, Human Behavior) Success Secrets: Change Your Life With Neuro-Linguistic Programming. .: NLP Techniques for Personal and Professional Success and Lifestyle ... NLP, Hypnosis, Law of Attraction) (Volume 2) NLP: Persuasive Language Hacks: Instant Social Influence With Subliminal

Thought Control and Neuro Linguistic Programming (NLP, Mind Control, Social Influence, ...  
Thought Control, Hypnosis, Communication) NLP: The Beginners Essential NLP Guide: 7 Simple  
but Powerful Techniques to Change Your Mind, Overcome Anxiety, and Eliminate Crippling Self  
Doubt So You Can Achieve Your Full Potential in Life NLP: Optimizing Your Life! - Mind Control,  
Human Behavior and Hypnosis (NLP, Hypnosis) Life Coaching: Complete Blueprint to Becoming a  
Powerful Influential Life Coach (Life coaching, Life improvement, positive thinking, coaching, better  
leadership, goals, consulting) Life Coaching: Life Coaching Blueprint: Save a Life One Person at a  
Time (Bonus 30 Minute Life Coaching Session - How to Motivate, Inspire, Change Your Life) Life  
Coaching: Life Coaching Blueprint: Save A Life One Person At A Time (BONUS 30MINUTE Life  
Coaching Session- How To Motivate, Inspire, Change Your Life) NLP Mastery Toolkit: 6  
Manuscripts Dark NLP: How To Use Neuro-linguistic Programming For Self Mastery, Getting What  
You Want, Mastering Others And To Gain An Advantage Over Anyone The Seven Biggest Secrets  
of The Millionaire Hypnotists, Life Coaching Experts, Personal development Celebrities, NLP  
Therapists and Hypnotherapists and Hypnotherapy Practitioners Exposed Coaching With NLP For  
Dummies Radio Mastery for IFR Pilots: Everything You Need to Know to Talk to Air Traffic Control  
While Flying IFR (Radio Mastery for Pilots) Guitar: Fretboard Mastery - An In-Depth Guide to  
Playing Guitar with Ease, Including Note Memorization, Music Theory for Beginners, Chords, Scales  
and Technical Exercises (Guitar Mastery Book 2) Tony Robbins: 33 Life Mastery Lessons (Free  
"Morning Routine") (Motivate Yourself, Peak Performance, Build Confidence, Business Mastery,  
Success Principles, Life Coach, Mindset)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)